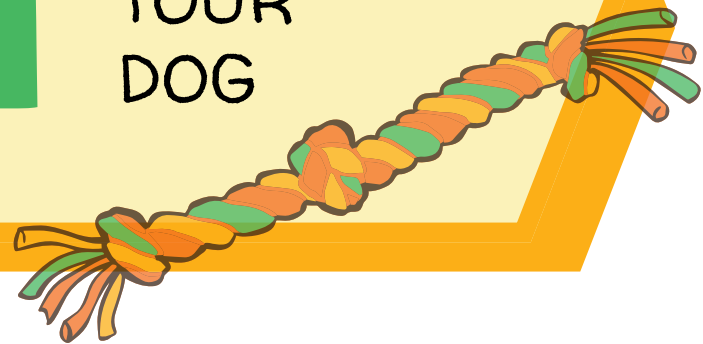


# ENRICHMENT

FOR  
YOUR  
DOG



Incorporating enrichment into your dog's daily routine is essential for their happiness and well-being. Dogs are natural foragers, and enrichment satisfies their instinct to explore and search for food, engaging their senses and keeping them mentally stimulated.



But enrichment isn't just about food—it encompasses a wide range of activities that cater to your dog's innate behaviours. The goal is to help dogs remain physically, behaviourally, and emotionally healthy while allowing them to express their natural instincts.



Modern dogs often lack the specific tasks they were originally bred for, which can lead to stress or behavioural issues. Adding variety and challenge to your dog's environment can keep them mentally and physically engaged.



The best part? Enriching your dog's life doesn't have to be costly or time-consuming. Simple changes, like puzzle toys or scent games, can make a big difference—for your dog and your family alike.



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# TYPES OF ENRICHMENT



## SENSORY ENRICHMENT

Engaging a dog's senses through exposure to various sights, sounds, smells, and textures. This can include activities like allowing dogs to explore new environments or introducing them to different scents.



## FEEDING ENRICHMENT

Transforming mealtime into a stimulating experience by using puzzle feeders, scatter feeding, or hiding food for the dog to find, thereby encouraging their natural foraging behaviours.



## PHYSICAL ENRICHMENT

Providing opportunities for exercise and movement, such as walks in varied environments, play sessions, or agility training, to keep dogs physically active and engaged.



## COGNITIVE ENRICHMENT

Challenging a dog's mind through problem-solving tasks, training sessions, or interactive toys that require them to think and learn.



## SOCIAL ENRICHMENT

Facilitating positive interactions with other dogs and humans to fulfil their social needs and improve their communication skills.



## ENVIRONMENTAL ENRICHMENT

Enhancing the dog's living space with elements like climbing structures, varied substrates, or access to different areas, allowing them to explore and interact with their surroundings.



# FOOD ENRICHMENT IDEAS

## BAKING TRAYS



## FELT SNUFFLE MATS



## EGG CARTONS



## TOILET & PAPER TOWEL ROLLS



## BATH TOWELS



## CARDBOARD BOXES



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